



# Dromtrasna National School

## Nuachlitir Eanáir 2023

- Clárú/Enrolments: We will be accepting enrolments for Junior Infants from Monday, January 23. Enrolment forms are available on the website [www.dromtrasnans.com](http://www.dromtrasnans.com) or the school. Please contact 068-31822 or [dromtrasnans@gmail.com](mailto:dromtrasnans@gmail.com) if you require a form. Our Admissions Notice and Policy are on the school website. Please advise anybody who is interested in enrolling a child who does not have siblings in our school.
- Tinneas/Illnesses: We still have cases of Covid-19 /Flu /Chickenpox /RSV and Strep A in the school so please remain vigilant to ensure everyone's safety. Please continue to inform us if your child tests positive for Covid-19 and restrict movement if your child has any signs or symptoms of any illness.
- Vacsaíní /Vaccinations: The HSE has asked us to remind parents that children are eligible for vaccination for Covid-19 and Flu. More information can be found on the HSE website and/or your GP.
- Frithbhulaíocht/Anti-Bullying: We would like to remind parents/guardians that our anti-bullying policy is on our website. Please discuss the policy with your child. Teachers routinely do so but pupils need to know that parents are also active agents in relation to these policies. Parents sign up to these policies when they enrol their child in the school. We have a zero-tolerance approach to bullying and we welcome the support and co-operation of parents in helping us to meet these challenges.
- Cúrsaí eaglaise/Church-School Links: Sister Mary Magdalene, Diocesan Advisor, will visit the school on 8<sup>th</sup> February to review religious education with teachers and pupils.  
Fr. Mullins will visit the school tomorrow to meet the pupils who are due to make their First Holy Communion and Confirmation.

6th Class will celebrate their Confirmation on Friday, 10<sup>th</sup> March, 2023  
First Holy Communion be celebrated on Saturday, 13<sup>th</sup> May, 2023  
Catholics School Week takes place January 23 – 27. This year the theme is ‘Walking Together in Faith and Love’. Catholic Schools Week is a week of reflection and celebration of the work of the Catholic School Community.

- Lá na Seantuismitheoirí/Grandparents Day: We will celebrate Grandparents Day on the afternoon of Wednesday 15 February. Our plan is to have afternoon tea, a blessing from Fr Tony and an opportunity for all to view the wonderful work the pupils have been doing. Grandparents and family members are welcome to attend. We will be in contact closer to the date with exact times.
- GAA: We have liaised with David O’Dea, Limerick GDA, to run football and hurling training in the school. We will commence, Thursday, with football for Infants – Second Classes.
- Peace Proms: Best wishes to our pupils who take part in the Peace Proms choir on Saturday night in the University of Limerick.
- Cearúil na Nollag / Christmas Carol Service: Sincere thanks to all who contributed to and attended our Christmas Carol Service. We are very proud of our pupils. We raised €2,430 for the school. Thank you all for your generosity. It is very much appreciated.
- Ríomhairí/Computers: Thanks to Kieran Flannery, Dromtrasna Challenge, who donated a charging trolley for our Chromebooks. We had received a quote of approximately €1800 to purchase a new one.
- SSE (School Self-Evaluation): The Dept. of Education has deemed the 2022 / 2023 school year a Review Year, (Circular 0056/2022). We have been examining the negative impact of Covid on pupil wellbeing, pupil learning and the steps we can take to mitigate that impact. We issued a survey to parents via Aladdin. Sincere thanks to those who have participated in our survey. The survey takes less than two minutes to complete. It would be of great help if those of you yet to take the survey could please do so.

[https://docs.google.com/forms/d/e/1FAIpQLSdkPncKh78L80a7irQiVBFsT8HPNXyZ5zgieDoSqzDjXPVPzA/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdkPncKh78L80a7irQiVBFsT8HPNXyZ5zgieDoSqzDjXPVPzA/viewform?usp=sf_link)

- Rang 6/ 6th Class Mental Health and Transition to Secondary Programme: On Monday, February 20th, 6<sup>th</sup> Class will take part in a mental health and transition to Secondary programme. Motus Learning (in association with UCC & UL) will deliver this training. Motus carry out evidence-based mental health programs in schools, specifically targeting sixth class transition into secondary school. The program includes the following:
  - A full school day interactive workshop
  - 6<sup>th</sup> class parent access to our end of month online parent/teacher webinar.
  - Additional teaching resources

The program was designed by Clinical psychologists and is proven by research to improve emotion regulation, emotional intelligence, and well-being. It teaches children about how to understand their minds through cognitive behavioural therapy, mindfulness, and neuroscience. It is also full of games and activities so it's a fun day for the children.

Le gach dea-ghuí,  
Aileen O'Connor

(Príomhoide Ionad/ActingPrincipal)